



Bringing Quality Healthcare to You

Health Screening Guidelines for Adults

	Age 19-49	Age 50-64	Age 65-74	Age 75+
Physical Exam	Every 4 years	Every 2 years	Annually	Annually
Blood Pressure Test	2 years	2 years	Annually	Annually
Height/Weight Record			Annually	Annually
Breast Exam (women)	Annually	Annually	Annually	Annually
Medication List Review		2 years	Annually	Annually
Vision Screening			Annually	Annually
Hearing Screening			Annually	Annually
Depression Screening			Annually	Annually
Living Skills Screening			Annually	Annually
dT/Tetanus Immunization	10 years	10 years	10 years	10 years
Hepatitis B Immunization	-	-	-	-
Influenza Immunization	High risk	High risk	Annually	Annually
Pneumococcal Immunization	High risk	High risk	10 years	10 years
Cholesterol Lab Test	5 years	5 years		
Fecal Blood Lab Test		Annually	Annually	Annually
Sigmoidoscopy Lab Test		35 years	5 years	
Urinalysis Lab Test			Annually	Annually
Mammogram Lab Test		Annually	Annually	2 years
Pap Lab Test (women)	13 years	13 years	If abnormal	If abnormal